

## **Yorkshire 3 Peaks kit list**

### *Camping kit*

Tent  
Sleeping mat  
Sleeping bag  
Sleeping bag liner  
Headtorch and spare batteries  
Cooking equipment (ie. Trangia stove and meths fuel)  
Cutlery  
Towel  
Toiletries  
Change of clothes  
Spare warm clothes  
Food  
Portable charger and cable  
Change of shoes

Camping chair

### *Walking*

Sturdy walking boots with ankle support  
Walking socks + spare pair  
Water bottle (2L)  
Snacks  
Hat, glove, scarf  
Waterproof jacket  
Waterproof trousers  
Headtorch  
Backpack (15-20L)  
Walking trousers/ leggings  
Non-cotton sports top  
Warm outer layer (fleece)  
Sunglasses  
Sun cream  
Sun hat